



Go where your
dreams take you

June - be my dream self

Ways I am going to work on my dreams this month:

1. _____

2. _____

3. _____

4. _____

5. _____

What might stop me:

Ways I am going to succeed (e.g. Blocking out time in my diary to think about my dreams. Creating a vision board of how I want my life to look. Making a list of things I can start doing straight away):

My intention this month is to become my dream self.

This includes: working out what the life of my dreams looks like, and what my passions are, identifying what's missing right now, planning small steps to build into my life today.

My personal mantra for the month is:-

Feel inspired every day
www.mantrajewellery.co.uk



DREAMS
Be my dream self

June

M T W T F S S

1 2 3 4

5 6 7 8 9 10 11

12 13 14 15 16 17 18

19 20 21 22 23 24 25

26 27 28 29 30